

Readings for 18th August 2024 Trinity 12

Proverbs 9.1-6

Wisdom's Feast

- 9 Wisdom has built her house
she has hewn her seven pillars.
- 2 She has slaughtered her animals, she has mixed her wine,
she has also set her table.
- 3 She has sent out her servant-girls, she calls
from the highest places in the town,
- 4 'You that are simple, turn in here!'
To those without sense she says,
- 5 'Come, eat of my bread
and drink of the wine I have mixed.
- 6 Lay aside immaturity,* and live,
and walk in the way of insight.'

Psalm 34.9-14

- 9 O fear the Lord, you his holy ones,
for those who fear him have no want.
- 10 The young lions suffer want and hunger,
but those who seek the Lord lack no good thing.
- 11 Come, O children, listen to me;
I will teach you the fear of the Lord.
- 12 Which of you desires life,
and covets many days to enjoy good?
- 13 Keep your tongue from evil,
and your lips from speaking deceit.
- 14 Depart from evil, and do good;
seek peace, and pursue it.

Ephesians 5.15-20

- 15 Be careful then how you live, not as unwise people but as wise,
16making the most of the time, because the days are evil. 17So do not
be foolish, but understand what the will of the Lord is. 18Do not get
drunk with wine, for that is debauchery; but be filled with the Spirit,
19as you sing psalms and hymns and spiritual songs among yourselves,
singing and making melody to the Lord in your hearts, 20giving thanks
to God the Father at all times and for everything in the name of our
Lord Jesus Christ.

John 6.51-58

⁵¹I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

52 The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' ⁵³So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. ⁵⁴Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; ⁵⁵for my flesh is true food and my blood is true drink. ⁵⁶Those who eat my flesh and drink my blood abide in me, and I in them. ⁵⁷Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. ⁵⁸This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.'