

Trinity 1, 2nd June 2024

in the Rutland Water Benefice



Worship this Sunday in church:

<i>(9.30am</i>	<i>sorry no service</i>	<i>Edith Weston)</i>
9.30am	Holy Communion	North Luffenham
9.30am	Morning Prayer	Ridlington
9.30am	Morning Prayer	Wing
<i>(11.00am</i>	<i>sorry no service</i>	<i>Lyndon)</i>
11.00am	Holy Communion	Pilton

The Church of England regular Sunday online worship is at
<https://www.churchofengland.org/news-and-media/church-online>

Let us pray . . .

for Bishop Debbie and all our church leaders, including the Archdeacons Alison and Richard

for our parishes as plans are being put in place for recruitment of new clergy, giving thanks for a house being available for an Associate Priest. Pray for all involved in the appointment process. For our eyes to be opened to God's working around us, in the natural world, in lives transformed and communities renewed

for peace and justice urgently needed in Ukraine, Gaza, Sudan etc. for aid workers and all working for peace and reconciliation

for politicians to show integrity and clear vision in the election campaign

for all who are sick , those who treat and care for them here and abroad. for school children and all who teach them as they return after the half term break

for those recently baptised and admitted to receiving communion; for Caspar being baptised this weekend

give thanks for all who enable the life of our church communities: churchwardens, PCC s, service leaders and all who come to church each week

for couples to be married in the Benefice this year, including Gemma + Thom (May 11th, Manton), Alice + Michail (1st June, Manton) and Helene + Paul (1st June, Empingham)

for people approaching their final days, all who care for them and those grieving for Sarah Peck, Jean Dawes, Philip Lambert, Christine Dabbs and William Palmer



Everyone is welcome in the churches of the Rutland Water Benefice!

Children and young people, older people and everyone in between
Single people, couples of all sorts and families . . .



Breakfast Church

9.30am on 3rd Sunday of each month
at the Community Centre in North Luffenham



People of all ages are welcome
Come to enjoy a simple breakfast and learn about Christian faith
together.

In the summer months we often meet outside too . . .



Manton All Age Worship

9:30am on the 2nd Sunday of each month
Half hour interactive service led in parts by our
team of young leaders

Refreshments served afterwards
~ All are welcome ~





Crafts



Activities

All Age Church
St Peter's, Empingham

on the 4th Sunday of each month at 9.30am

An informal service for all

EVERYONE WELCOME!



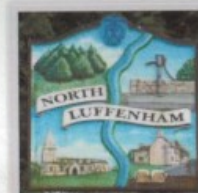
COFFEE AND CAKES

St Peter's Church

Every Wednesday

10.30 am – 12.00 noon

All welcome!



North Luffenham Garden Club

Plant Sale

Saturday 1st June 10.00 am – 1.00 pm

Venue - The Fox, North Luffenham

Bedding plants

Perennials

Herbs & Vegetables

House Plants

Garden Sundries

Enjoy a bacon bap & tea/coffee whilst you shop

(available 10.00 am – 11.30 am)

A photograph of Peterborough Cathedral under a blue sky with light clouds. The cathedral's intricate Gothic architecture, including its tall spire and flying buttresses, is the central focus. Festive decorations are overlaid on the image: a string of colorful bunting (red, yellow, green, blue) hangs across the top; a yellow globe with red stars is on the left; and various green and blue leaf-like graphics are scattered around the edges.

Summer Craft & Gift Market

31st May - 1st June

You'll find a wonderful array of handcrafted crafts and gifts at our summer craft market in the beautiful setting of Peterborough Cathedral.

Opening Times:

Friday 31st May - 1pm - 8pm

Saturday 1st June - 10 - 5pm

Tickets:

£2.50 (inc. booking fee) online or
£3 on the door



WWW.PETERBOROUGH-CATHEDRAL.ORG.UK

News from the Foodbank, early summer 2024

The headlines

In the last 12 months (1st April 2023 - 31st March 2024) the Rutland Foodbank received 820 referrals requesting emergency food parcels for households across Rutland struggling to get by on low incomes. This is a 15% increase in the number referrals compared to the previous year, as more and more people struggle to afford essentials such as food.

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- The referrals were residents living in 305 households across Rutland.
- 121 (15%) of the referrals were for new households who had not previously been helped by the Rutland Foodbank.
- Of concern, 446 (57%) of the parcels were provided to households which included children.
- Nearly 27% of the parcels were provided to those in work but struggling to afford food, this was a 7% increase compared with 2022-23.
- The levels of need were particularly acute in January 2024 which was the busiest month for Rutland Foodbank, with 82 emergency food parcels provided by volunteers.
- Nearly 40% of households only needed to be helped once during the year but there were some that needed more emergency help. In all we sent emergency food parcels to 1189 adults and 850 children, not forgetting their household pets.
- Ingredients for over 43,000 meals were distributed.

Over 31,300 kg of donated items were sent out across Rutland.

As always, if you have any questions or comments, please get in touch.

Kind regards, Ali Wainwright, Chair of Rutland Food Bank

36 Melton Road, Oakham, LE15 6AY (next door to Domino's Pizza)

Tel 07582 783363

info@rutland.foodbank.org.uk

rutland.foodbank.org.uk

facebook.com/rutland.foodbank

Rutland Foodbank Wish-List Summer 2024



UHT milk (semi-skimmed or whole)
Baked beans (YES we are running low!), tinned spaghetti, macaroni cheese
Tinned meats, tinned pies, tinned vegetables
Noodles, pot noodles, pasta, rice sachets
Tins of rice pudding, custard and fruit
Crackers, crispbreads, crisps and cereal bars
Loo rolls, non-bio washing pods/tablets
Shampoo, deodorants, shaving foam, razors

IMPORTANT



Please note we cannot accept over the counter medication, fresh, homemade, open packs, out of date foods or alcohol



Registered Charity in England & Wales Number 1158460

07582 783363 or email us info@rutland.foodbank.org.uk

36 Melton Road, Oakham, LE15 6AY (next to Domino Pizza)

We are open to receive donations Mon-Fri 10.00 – 12.00

Ali Wainwright, chair of the Foodbank writes

“we had more referrals during last year than the previous year and are helping over 300 households across the county who are struggling in food poverty.”

Thank you!

Listen out for church bells
on Thursday 6th June
to celebrate
the D Day landings!



Edith Weston bells and others will be rung

Good afternoon,

As part of [Rutland's Great Dementia Conversation](#) I am delighted our county will be welcoming TV and radio presenter, journalist and Alzheimer's Society Ambassador, the one and only, Angela Rippon C.B.E to Rutland on Friday 28th June from 1.30 – 3.30pm at The Barnsdale.

The event is free and open to all Rutlanders, and Rutland organisations, businesses, community groups, charities, GPs and health professionals, parish councils, schools, sports clubs, churches, and local media.

During the event national experts from different fields will speak on the importance of dementia awareness and how different parts of society can work to become more dementia friendly. You can find out more about the panel for the afternoon and register for tickets for the event [here](#).

The Alzheimer's Society will also be running two Dementia Friends Sessions in June to support Rutland's Great Dementia Conversation. This is a short hour's session where you can become trained in supporting people with dementia in your communities. The sessions will take place on the following dates:

- Thursday 13th June, 1 - 2 pm at Tinwell Village Hall, PE9 3FS
- Thursday 20th June, 5.30 - 6.30pm at the Victoria Hall, Oakham, LE15 6AH (aimed at local businesses)

Anyone in Rutland can become a Dementia Friend, so please do encourage your friends and family to register and help change our perceptions and understanding of dementia.

Spaces are limited and will be allocated on a first come first serve basis. To attend an Information Session, registration can be completed on my Rutland Dementia Website [here](#).

Ten years ago cancer was referred to as the 'Big C', something we didn't talk about. Thankfully we've moved on, but dementia remains the unspoken condition despite affecting one in three of us. Join our journey and together we can become the first Dementia Friendly County in the country!

I look forward to seeing many of you on 28th June!

Best, Alicia



NHS
Leicester, Leicestershire
and Rutland

Rutland Neighbourhood Mental Health Café

Drop in support for when you're struggling
to cope

Thursdays, 5.30pm - 8.30pm
Sundays, 4pm - 7pm

Pepper's - A Safe Place
2A High Street
Oakham, LE15 6AL

Free transport is available

Email: nmc@peppersasafeplace.co.uk



Neighbourhood
Mental Health
Cafés

For times when you're struggling to cope

What's On in May- Oakham

- Wednesday 1st** Craft Cafe 15:00-17:00
Thursday 4th Drop-in Session 13:00-15:00
Mindfulness and Meditation 15:10-16:10
- Monday 6th** CLOSED FOR BANK HOLIDAY
Tuesday 7th Drop-in Session 10:30-12:30
Gardening Group (Healing Salves) 12:30-14:30
- Wednesday 8th** Craft Cafe (Pollinator Seed Mix) 15:00-17:00
Thursday 9th Tai Chi 11:00-12:00
Drop-in Session 13:00-15:00
Chair Yoga 15:10-16:10 ***NEW***
- Monday 13th** Drop-in Session 17:30-19:30
Tuesday 14th Drop-in Session 10:30-12:30
(Come and say hi to Holly from Healthwatch)
Singing with Brooke 12:30- 13:15 ***NEW***
- Wednesday 15th** Craft Cafe (Glass Art) 15:00-17:00
Thursday 16th Drop-in session and
Learn to Knit Drop-in 13:00-15:00 ***NEW***
Mindfulness and Meditation 15:10-16:10
- Monday 20th** Drop-in 17:30-19:30
Tuesday 21st Drop-in 10:30-12:30
Self-Defence 12:30-13:30 ***NEW***
- Wednesday 22nd** Craft Cafe (Rag Rugging) 15:00-17:00
Thursday 23rd Tai Chi 11-12
Drop-in Session 13:00-15:00
- Monday 27th** CLOSED FOR BANK HOLIDAY
Tuesday 28th Drop-in Session 10:30-12:30
Gardening 12:30-14:30
- Wednesday 29th** Craft Cafe (Rag Rugging) 15:00-17:00
Thursday 30th Drop-in Session 13:00-15:00
Mindfulness and Meditation 15:10-16:10



Welcoming and friendly sessions open to all adults, free of charge. Take a break and look after your mental health this month at Pepper's - A Safe Place. Why not try something ***NEW*** this month? #haveago Based at 2A High Street, Oakham, LE15 6AL www.peppersasafeplace.co.uk 07714503556, info@peppersasafeplace.co.uk



	2nd June Trinity 1	9th June Trinity 2	16th June Trinity 3	23th June Trinity 4	30th June Trinity 5
Edith Weston	<i>Sorry no service</i>				11.00am Bene- fice Holy Communion
Empingham	(Sat 1-6-24 12 noon Wedding Helene Piatnoczka + Paul Skerton) 12.30pm Baptism Caspar Gilman	9.30am Holy Communion		9.30am All Age Church	12.30pm Baptism Arthur & Roman Knight
Lyndon	<i>Sorry no service</i>	<i>9.30am</i> <i>Morning Prayer</i>			
Manton	(Sat 1-6-24 2.30pm wedding Alice Howard + Michail Michaliou)	9.30am All Age Church		11.00am Holy Communion	
North Luffenham	9.30 am Holy Communion	12.30pm Baptism Bertie Honey	9.30am Breakfast Church		
Pilton	11.00am Holy Communion				
Preston	11.00am Prayer & Praise	11.00am Holy Communion	11.00 am Benefice Holy Communion	<i>5.00pm</i> <i>Evening Prayer</i>	
Ridlington	9.30am Morning Prayer	9.30am Holy Communion		<i>9.30am</i> <i>Morning Prayer</i>	
Whitwell		11.00am Holy Communion			
Wing	9.30am Morning Prayer	<i>9.30am</i> <i>Morning Prayer</i>		9.30am Holy Communion	

June 2024

Churchwardens and others: your local source of information:

Edith Weston	(Judy Needham	01780 720609)
Empingham	John Haward	01780 460502
	John Archer	01780 460106
Lyndon	(Jill Mayhew	01572 737594)
	Clare, Lady Conant	01572 737275
Manton	Anne Cowan	01572 737503
N Luffenham	Janet Whittaker	01780 721216
	Patrick Woods	01780 721872
Pilton	Libby Gilman	01780 720758
	Caroline McAlpine	01780 722007
Preston	(Kay Waterworth	01572 737339)
Ridlington	Debra Thatcher	01572 823910
Whitwell	Mary Bell	01780 450205
	Tony Godwin	07906 134316
Wing	Alice Hill	01572 737516
	David Wood	01572 737465

Keeping in touch

To join or leave the distribution list for this news + readings + other information from church, please email Pippa.

rectorrwb@gmail.com

Or join the Rutland Water Benefice Facebook Group

The most recent **magazine** can be found online via the Benefice website.

You are welcome to call or email:

Rev'd Pippa Madgwick 01780 721286 rectorrwb@gmail.com

Lay Readers: Caroline Simmonds Graham Madgwick

While we seek a new Associate Priest, the Benefice is most grateful for regular help from

Rev'd Jo Saunders retired priest living locally

Vyv Wainwright Lay Canon of Peterborough Cathedral

+ other retired priests helping occasionally